

Study Guide

Sunday September 20, 2020

“The Whole Person”

1. → 1 Thessalonians 5:23

*May God himself, the God of peace, sanctify you **through and through**. May your **whole** spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ.*

Heb (*nephesh*) soul, spirit, self, inner being

Grk (*pneúma*) spirit, breath

Grk (*psúche*) life-force, being, whole person

Grk (*sóma*) body

Grk (*sózo*) healed, saved, well, whole, rescued

Grk (*holókleros*) whole, complete, entire, all the parts together, your entire being, yourself as one person, complete in all its parts, noT part lacking or unsound

2. Points to Remember

- A. We were born with the Spirit of God breathed into our being.
- B. Something in our spirits longs to be reconnected with our Creator.
- C. Sometimes we overspiritualize our problems and neglect our soul.
- D. The church needs a more holistic approach including mental health.
- E. Jesus came to make every part of our person whole.
- F. His salvation restores us in spirit, soul and body.

3. Bible Verses

Genesis 2:7	And the man became a living being
1 Corinthians 2:14-15	Natural person vs. spiritual person
Psalms 31:9-10	My soul and body with grief
1 Corinthians 15:44-45	Natural body vs. spiritual body
Matthew 9:22	Your faith has made you whole
Romans 8:11	Give life to your mortal bodies

4. Discussion Questions

- A. How do our emotions effect our bodies? Or bodies effect our emotions?
- B. Do you think the problems we face today are primarily spiritual or psychological?
- C. How have you kept your spiritual life alive during coronavirus?

